

Group Dynamics Self-Reflection Assignment
CAP 210 – Fundamentals of Advertising
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10 points

After reading the assigned material on group dynamics and taking the self-assessment, write a 1-2 page paper reflecting on what you learned. Specifically, think about your own experiences in groups you have participated in and what you think contributed to successes or failures in the group.

Some prompts you might consider:

What contributed to the successes of the group?
What contributed to the failures of the group?
What roles did people play that contributed to these factors?
What role did you play and how did that affect team dynamics?
If you could improve your own team behavior, what would you work on?
If you could teach someone else about group dynamics, what would you highlight?
What do you realize now in retrospect as you reflect on past group behavior?
What do you want to focus on in future groups?

This is not an exhaustive list of prompts but it should get you started. You don't have to answer all of the prompts and you can add anything relevant to your experience. The main idea is to think about your personal experiences with group dynamics and consider how you might continue to hone your skills to become a better collaborator.

Type up this assignment and turn it in next class period.